Product	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame + Seeds	Sulphur dioxide	Lupin	Molluscs	OTHER
DIRTY HASH BROWNS															
HASH BROWNS						Y									
CHEESE							Y								
BACON															
SAUSAGE	WHEAT					Y						Y			
TOMATO SAUCE															
BROWN SAUCE															
BREAKFAST WRAP															
WRAP	WHEAT														P
HASH BROWNS						Y									
TOMATO															
MUSHROOM						Y									
BACON															
SAUSAGE	WHEAT					Y						Y			
MINI OMELETTE			Y				Y								
BURGER CHEESE							Y								P
BEANS															
VEGAN SAUSAGE	WHEAT					Y									P
BREAKFAST BUNS															
MORNING SCOTCH ROLL	WHEAT, BARLEY, OAT, RYE		Y		Y	Y	Y	Y			Y				P
BUTTERY SPREAD							Y								
BACON															
SAUSAGE	WHEAT					Y						Y			
FRIED EGG			Y			Y									
VEGAN SAUSAGE	WHEAT					Y									P

P	PALM OIL
Y	SOYA IN VEGETABLE OIL USED WHEN COOKING + IN PRODUCT
T	TRACE OF
MS	METABISULPHITE

Product	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame + Seeds	Sulphur dioxide	Lupin	Molluscs	OTHER
PARMO WRAP															
WRAP	WHEAT														P
CHICKEN FILLET	WHEAT		Y			Y									
BBQ SAUCE															
BECHAMEL	WHEAT		Y			Y	Y		Y	Y					P
CHEESE							Y								
S.F.C WRAP															
WRAP	WHEAT														P
SOUTHERN FRIED CHICKEN	WHEAT		Y	Y		Y	Y		Y	Y					
CHECK YOUR DIP															
MAYO			Y							Y					
SF QUORN WRAP															
WRAP	WHEAT														P
QUORN CHIQIN FILLET	WHEAT					Y									
CHECK YOUR DIP															
VEGAN MAYO															
CAJUN CHICKEN WRAP															
CAJUN CHICKEN						Y									
WRAP	WHEAT														P
MAYO			Y							Y					
SALAD/ LETTUCE/ RED ONION															
CHIPS						Y									
SWEET POTATO FRIES						Y									
WAFFLE FRIES						Y									
THE TERRACE BURGER															
BEEF BURGER												Y			
BURGER CHEESE							Y								P
BRIOCHE BUN	WHEAT, MAIZE		Y			Y	Y				Y				P
BURGER SAUCE			Y							Y					
SALAD															
CHIPS						Y									
CHICKEN BURGER															
CHICKEN FILLET	WHEAT		Y			Y									
CHECK YOUR DIP															
BRIOCHE BUN	WHEAT, MAIZE		Y			Y	Y				Y				P
SALAD															
CHIPS						Y									
SF QUORN BURGER															
QUORN CHIQIN FILLET	WHEAT					Y									
VEGAN MAYO															
VEGAN BUN	WHEAT										Y				P
SALAD															
CHIPS						Y									
MAC 'n' CHEESE															
GARLIC BREAD	WHEAT						Y				Y				P
SALAD															
MAC AND CHEESE	WHEAT		Y			Y	Y		Y	Y					P

Product	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame + Seeds	Sulphur dioxide	Lupin	Molluscs	OTHER
WHITE RICE															
EGG FRIED RICE			Y			Y									
CHINESE CHICKEN CURRY															
CHICKEN CURRY	WHEAT					Y				Y		Y			
PRAWN CRACKERS		Y													
BEEF CHILLI + RICE															
BEEF CHILLI															P
TORTILLA CHIPS	MAIZE						Y								
VEG CHILLI + RICE															
VEG CHILLI						Y			Y						P
SALAD															
TORTILLA CHIPS	MAIZE						Y								
TERRACE NACHOS															
BEEF CHILLI															P
VEG CHILLI						Y			Y						P
TORTILLA CHIPS	MAIZE						Y								
TWO CHEESES							Y								
JALAPENOS															
LOADED FRIES															
CHIPS (+ TOPPING)						Y									
BEANS															
BEANS AND CHEESE							Y								
BEEF CHILLI															P
CAJUN DIRTY FRIES						Y	Y								
CAJUN SALT															
CHEESE							Y								
CHEESY BEAST	WHEAT,BARLEY		Y			Y	Y		Y	Y					
CHINESE CHICKEN CURRY						Y				Y		Y			
DIRTY FRIES			Y			Y	Y			Y		Y			
HUNTER CHICKEN DIRTY FIRES	WHEAT		Y			Y	Y		Y	Y					P
KATSU CHICKEN FRIES	WHEAT		Y		Y	Y		Y		Y					P
KATSU CURRY FRIES					Y	Y		Y		Y					P
KICK'N CHICK'N FRIES	WHEAT		Y			Y	Y		Y						P
PARMO DIRTY FRIES	WHEAT,BARLEY		Y			Y	Y		Y	Y					P
SALT AND PEPPER CHICKEN	WHEAT		Y			Y	Y		Y						
VEG CHILLI						Y			Y						P
MARGARITA CIABATTA	WHEAT						Y				Y				P
PEPPERONI CIABATTA	WHEAT						Y				Y				P
LOADED SPUDS															
BUTTER							Y								
CHEESE							Y								
BEANS															
TUNA MAYO			Y	Y						Y					
VEG CHILLI						Y			Y						P
BEEF CHILLI															P
DIRTY LOADED SPUD			Y			Y	Y			Y		Y			

Product	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame + Seeds	Sulphur dioxide	Lupin	Molluscs	OTHER
GARLIC BREAD	WHEAT						Y				Y				P
GARLIC BREAD WITH CHEESE	WHEAT						Y				Y				P
HOUSE SALAD															
POT OF CHEESE							Y								
POT OF VEGAN CHEESE															
GF BUN			Y												
BBQ DIP															
MAYO			Y							Y					
CAJUN MAYO DIP			Y			Y				Y					
BURGER RELISH DIP										Y					
CHIPOLTE DIP			Y												
HOT KATSU DIP					Y	Y		Y		Y					P
GARLIC MAYO DIP			Y			Y				Y					
SOUR CREAM &CHIVE DIP							Y								
SWEET CHILLI DIP															
VEGAN MAYO DIP															
JUST CHEESE TOASTIE	WHEAT, BARLEY					Y	Y								
CHEESE + HAM TOASTIE	WHEAT, BARLEY					Y	Y								
CHEESE + ONION TOASTIE	WHEAT, BARLEY					Y	Y								
PESTO/ MOZZ/TOM TOASTIE	WHEAT, BARLEY					Y	Y	Y							
VEGAN TOASTIE	WHEAT, BARLEY					Y									
CHIPS						Y									
WAFFLE FRIES						Y									
SWEET POTATO FRIES						Y									
SOUTHERN FRIED CHICKEN	WHEAT		Y	Y		Y	Y		Y	Y					
LITE BITE NACHOS- SEE ALLERGENS FOR TERRACE NACHOS.															
KIDS MEAL- MAC AND CHEESE	WHEAT		Y			Y	Y		Y	Y					P
KIDS- SAUSAGE AND CHIPS	WHEAT					Y						Y			
KIDS- FISH FINGERS	WHEAT			Y		Y									
CHIPS						Y									
BEANS															
CHICKEN NUGGETS	WHEAT					Y									
VEGGIE NUGGETS	WHEAT					Y									
EXTRAS															
BACON															
CHEESE							Y								
CHICKEN															
JALAPENOS															
MIXED PEPPERS															
MUSHROOM															
PEPPERONI						Y	Y								
RED ONION															

Product	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame + Seeds	Sulphur dioxide	Lupin	Molluscs	OTHER
DRAUGHT															
AMSTEL	BARLEY, WHEAT														
CARLING	BARLEY, WHEAT														
COORS	BARLEY, WHEAT														
MURPHY'S IRISH STOUT	BARLEY, WHEAT														
CRUZCAMPO	BARLEY, WHEAT														
INCH'S CIDER												Y			
MADRI	BARLEY, WHEAT														
OLD MOUT BERRIES + CHERRIES												Y			
BOTTLES															
BIRRA MORETTI ZERO	BARLEY, WHEAT														
BUDWEISER	BARLEY, WHEAT														
CORONA	BARLEY, WHEAT														
CORONA CERO	BARLEY, WHEAT														
KOPPARBERG NO ALC												Y			
KOPPARBERG CIDER												Y			
NEWCASTLE BROWN ALE	BARLEY, WHEAT														
OLD MOUT												Y			
PERONI	BARLEY														
REKORDERLIG												Y			
SAN MIGEL ZERO	BARLEY, WHEAT														
CANS															
CRUZCAMPO	BARLEY, WHEAT														
GUINNESS	BARLEY, WHEAT														
GUINNESS 0%	BARLEY, WHEAT														
HOOCH												Y			
JOHN SMITH CAN	BARLEY, WHEAT														
KOPPARBERG CANS												Y			
REKORDERLIG S+L												Y			
THATCHERS JUICY/ ZERO												Y			
THEAKSTON BEST BITTER	BARLEY, WHEAT														
VK															
HARD JELLY SHOTS															
WINE															
CHARLIE ZIN ROSE/ WHITE ZINF												Y			
FRIZZANTE/ NOZECCO												Y			
MERLOT/ MALBEC												Y			
MOET & CHANDON												Y			
PINOT GRIGIO												Y			
PROSECCO												Y			
SAUV BLANC												Y			
CRISPS- CHECK THE PACKET															

Product	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame + Seeds	Sulphur dioxide	Lupin	Molluscs	OTHER
SPIRITS															
ABSOLUT															
ARCHERS															
BACARDI- WHITE/ SPICED															
BOMBAY SAPPHIRE															
CORKY'S/ SOURZ															
COURVOISIER VS COGNAC															
DEAD MAN FINGERS															
FAMOUS GROUSE															
GLEN MORAY WHISKY															
GLENLIVET WHISKY															
JURA WHISKY															
JACK DANIELS / + FLAVOURS															
JJ WHITLEY FLAVOURS (P/BR/V)															
JJ WHITLEY GIN															
JJ WHITLEY VODKA															
JUNGFRAU															
MALIBU															
LANGS RUM															
LUSTRE						Y						Y			
OLD J RUM															
SOUTHERN COMFORT															
TOFFEE VODKA															
WHITLEY NEILL															
AMARETTO DISARRONO															
BAILEYS							Y								
RIVIERA- BLUE CURACAO															
SAMBUCA															
SUGAR SYRUP															
TAKE TEQUILA												Y			
TEISSEIRE SYRUP															
TEQUILA EL SUENO															
TEQUILA CUERVO															
TEQUILA ROSE	WHEAT, RYE						Y	Y							
TIA MARIA															

Product	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame + Seeds	Sulphur dioxide	Lupin	Molluscs	OTHER
SOFT DRINKS															
CAN- POP															
CAN- KICK ENERY															
CORDIAL													SODIUM		
MIXERS- FEVER-TREE															
MIXERS- FEVER-TREE/BRITVIC															
MIXERS- JUICE BOTTLE															
FRUITSHOOT															
J20															
JUICE- APPLE															
JUICE- CRANBERRY															
JUICE- ORANGE															
LEMON JUICE/ LIME JUICE								POTASSIUM METABISULPHITE							
MINERAL WATER															
POSTMIX- COCA COLA ZERO												Phenylalanine			
POSTMIX- COCA COLA												Phenylalanine			
POSTMIX- DIET COKE												Phenylalanine			
POSTMIX- LEMONADE												Phenylalanine			
SYRUPS															
CINNAMON															
GINGERBREAD/PASSIONFRUIT															
PISTACHIO							PISTACHIO								
HAZELNUT							HAZELNUT								
MINT/ CHOCOLATE COOKIE															
WHITE CHOCOLATE															
PEACH TEA/ RASPBERRY															
CARAMEL / SALTED CARAMEL															
PUMPKIN SPICED															
VANILLA/ HONEYCOMB															
HOT DRINKS															
SALTED / CARAMEL SAUCE							Y								
PISTACHIO SAUCE (PISTACHIO)						Y	Y	Y							
CHOCOLATE SAUCE															
COFFEE BEANS/ DECAFF															
FRAPPE (WITH COW MILK)							Y								
HOT CHOCOLATE							Y								
MINI MALLOWS						Y	Y								
OAT MILK	OAT														
OREO CRUMB	WHEAT					Y	Y								
SPRAY CREAM							Y								
HEAVENLY VEGAN CREAM															P
SWEETENER															
WHITE SUGAR/ BROWN SUGAR															

Product	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame + Seeds	Sulphur dioxide	Lupin	Molluscs	OTHER
HOT DRINKS															
AMERICANO															
CAPPACCINO							Y								
CLASSIC HOT CHOCOLATE							Y								
DOUBLE ESPRESSO															
ESPRESSO															
EXTRA STRONG COFFEE (WHITE)							Y								
FLAT WHITE							Y								
LATTE							Y								
MATCHA LATTE							Y								
MOCHA							Y								
TEA/ FLAVOURED TEA															
WHITE COFFEE							Y								
OUR COFFEE IS MADE ON A MACHINE WHERE IT MAKES MILK DRINKS AND THOSE WITHOUT. IF YOU HAVE A ALLERGY- PLEASE SPEAK TO US FIRST.															
MATCHA- POWDER															
ICED CHOCOLATE							Y								
ICED MOCHA							Y								
ICED MATCHA (COW MILK)							Y								
OAT MILK	OAT														
OREO FRAPPE															
CHOCOLATE COOKIE SYRUP															
OREO CRUMB	WHEAT					Y	Y								
FRAPPE POWDER / MILK							Y								
CREAM							Y								
CHOCOLATE SAUCE															
FLAVOURED FRAPPE															
CHECK SYRUP															
FRAPPE POWDER / MILK							Y								
CREAM							Y								
CHOCOLATE SAUCE															
FESTIVE SPICE															
PUMPKIN PIE SPICE															
LIQUID FRAPPE															
ICED TEA- CHECK SYRUP															
ICED COFFEE- CHECK SYRUP							Y								
BISCUIT- BISCOFF	WHEAT						Y								P
CHECK SYRUP															